



Lake Oswego Adult Community Center
505 "G" Avenue, Lake Oswego
503-635-3758
Daily Congregate Lunch
11:45am- 12:15pm
Monday, Wednesday & Friday

July 2019 Menu

1 – Monday

Cole Slaw
Fish Tacos
Rice
Corn
Ranger Cookie
Served by: Our Lady of the Lake

3 - Wednesday – 4th of July Lunch

Mixed Green Salad
Grilled Hamburgers w/Bun
Potato Salad
Watermelon
Strawberry Short Cake
Served by: LOMEA (Claire Cohen Set Up)

5 - Friday

Bean Salad
Pork Cuban Sandwich
Chips
Thumb Print Cookies
Served By: Lake Bible Church

8 - Monday

Brussels Sprout Salad
BBQ Chicken Pizza
Fruit
Ice Cream
Served by: Our Saviors Lutheran Church

10 – Wednesday

Asian Slaw
Coconut Curry Beef
Rice Noodles
Broccoli
Sesame Rolls
7 Up Cake
Served by: Lake Grove Garden Club

12 - Friday

Mixed Green Salad
Bacon Turkey Club
Wild Rice Salad
Lemon Bars
Served by: Lake Oswego Rotary

15 – Monday

Caesar Salad
Tuna Casserole w/ Vegetables
Rye Roll
Chocolate Chip Cookies
Served by: New Seasons Market

17 – Wednesday

Hummus
Greek Chicken Kebabs
Pasta Salad
Pita Bread
Peach Cobbler
Served by: United Methodist Church

19 - Friday

Beet Slaw
Beef Ragu
Green Beans
Focaccia Bread
Pecan Bars
Served by: Meg & Friends

22 - Monday

Corn Salad
Pork Kebabs
Rice Pilaf
Wheat Rolls
Monster Cookies
Served by: Newcomers Welcome Club

24 – Wednesday

Zucchini Salad
Grilled Pineapple Chicken
Couscous
Rosemary Roll
Lemon Sugar Cookies
Served By: City Slickers (Staff Set Up)

26 - Friday

Tossed Salad
BBQ Beef
Chips
Brownie
Served by: LO Fire Dept. & Silver Foxes

29 – Monday

Cucumber Watermelon Salad
Tuna Niçoise Salad
Wheat Roll
Fruit Parfait
Served by: TBD

31 – Wednesday

Pasta Salad
Kalua Pork w/Rice
Carrots
Sweet Roll
Lemon Cake
Served by: Our Lady of the Lake

*Options subject to change upon availability