



Lake Oswego Adult Community Center
505 "G" Avenue, Lake Oswego
503-635-3758
Daily Congregate Lunch
11:45am- 12:15pm
Monday, Wednesday & Friday

March 2019 Menu

1- Friday

Applesauce
Denver Quiche
Peas
Cake
Served by: Lake Bible Church

4 - Monday

Mixed Salad
Cod
Brown Rice
Mixed Veggies
Rolls
Pudding
Served by: Our Lady of the Lake

6- Wednesday

Caesar Salad
Spaghetti & Meatballs
Peas & Carrots
Focaccia Bread
Pecan Bars
Served by: LOMEA (Claire Cohen Set Up)

8 -Friday

Broccoli Slaw
Chicken Stew w/ Carrots & Potatoes
Roll
Cookie
Served by: Lake Oswego Rotary

11- Monday

Tossed Salad
Cheesy Ham & Broccoli Rice Casserole
Roll
Yogurt Parfaits
Served by: Our Savior Lutheran Church

13 - Wednesday

Caesar Salad
Tuna Noddle Casserole w/Peas and Carrots
Roll
Brownie
Served By: Lake Grove Garden Club

15- Friday

Cole Slaw
Beef Chili
Corn Bread
Cookie Bar
Served by: Meg & Friends

18 - Monday

Greek Salad
Chicken Bake
Roll
Berry Crisp
Served by: New Seasons Market

20 - Wednesday

Cole Slaw
BBQ Pork w/Bun
Corn
Fruit
Lemon Bars
Served by: United Methodist Church

22 - Friday

Caesar Salad
Beef Stroganoff
Noodles
Green Beans
Roll
Cookie
Served By: LO Fire Dept. & Silver Foxes

25 - Monday

Asian Slaw
Teriyaki Chicken
Rice
Broccoli
Roll
Jell-O w/Fruit
Served by: Newcomers Welcome Club

27 - Wednesday

Green Salad
Fish Tacos
Rice
Tortillas
Cake
Served by: City Slickers (Staff Set Up)

29 -Friday

Mixed Salad
African Sweet Potato Stew
Roll
Brownie
Served by: Lake Oswego Rotary

*Options subject to change upon availability