



Lake Oswego Adult Community Center
505 "G" Avenue, Lake Oswego
503-635-3758
Daily Congregate Lunch
11:45am- 12:15pm
Monday, Wednesday & Friday

January 2019 Menu

2- Wednesday

Mixed Green Salad
Swedish Meatballs
Egg Noodles
Peas
Dinner Roll
Peach Cobbler
Served by: LOMEA (Claire Cohen Set Up)

4- Friday

Cheese & Crackers
Chicken Stew
w/ Sweet Potato and Carrots
Rye Roll
Lemon Bars
Served by: Lake Bible Church

7 -Monday

Mixed Green Salad
Tuna Casserole
w/ Peas & Carrots
Wheat Roll
Fruit and Yogurt Parfaits
Served by: Our Lady of the Lake

9- Wednesday

Broccoli Slaw
Pork Ragu
Rotini Pasta
Green Beans
Focaccia
Almond Tea Cookies
Served by: Lake Grove Garden Club

11 - Friday

Caesar Salad
Shepherd's Pie w/ Peas and Mashed Potatoes
Fruit
Wheat Roll
Brownies
Served By: Lake Oswego Rotary

14 - Monday

Asian Slaw
Teriyaki Chicken
Rice
Broccoli
Sesame Rolls
Jell-O w/ Mandarin Oranges
Served by: Our Saviors Lutheran Church

16- Wednesday

Mixed Salad
Mac & Cheese w/Bacon
Mixed Vegetables
Rosemary Rolls
Chocolate Cake
Served by: United Methodist Church

18- Friday

Mixed Salad
Roast Beef
Potatoes
Carrots
Wheat Rolls
Chocolate Chip Cookies
Served by: Meg & Friends

21- Monday Closed - MLK Jr. Day

23 - Wednesday

Crudit e
Chicken Bake
Peas & Corn
Dinner Roll
Apricot Bars
Served by: City Slickers (Staff Set Up)

25 - Friday

Caesar Salad
Cod
Couscous
Zucchini
Roll
M&M Bars
Served by: LO Fire Dept. & Silver Foxes

28 -Monday

Cole Slaw
Turkey Chili
Fruit
Corn Bread
Carrot Cake
Served by: Newcomers Welcome Club

30 -Wednesday

Cucumber & Onion Salad
Ham & Spinach Frittata
Cauliflower
Roll
Cranberry Coconut Cookies
Served by: Our Lady of the Lake