



Lake Oswego Adult Community Center
505 "G" Avenue, Lake Oswego
503-635-3758
Daily Congregate Lunch
11:45am- 12:15pm
Monday, Wednesday & Friday

April 2019 Menu

1 – Monday

Broccoli Slaw
Hawaiian Pork Tacos
Rice
Tortillas
Fruit and Yogurt Parfaits
Served by: Our Lady of the Lake

3 – Wednesday

Green Salad
Baked Spaghetti
Peas
Wheat Rolls
Cranberry Coconut Cookies
Served by: LOMEA (Claire Cohen set up)

5 – Friday

Caesar Salad
Potato Broccoli Soup
Biscuit
Lemon Sugar Cookies
Served by: Lake Bible Church

8 – Monday

Orzo Cucumber Salad
Caribbean Fish Stew
Dinner Roll
Peanut Butter Cookies w/Reese's piece
Served by: LO Parks Maintenance

10 – Wednesday

Mixed Green Salad
Swedish Meatballs
Egg Noodles
Peas
Wheat Roll
7 Up Cake
Served by: Lake Oswego Rotary

12 – Friday

Caesar Salad
Chicken Cassoulet
Rye Roll
Brownie
Served by: Lake Oswego Rotary

15 – Monday

Cole Slaw
Spanish Chicken
Rice
Mixed Vegetables
Berry Crisp
Served by: New Seasons Market

17 – Wednesday – Spring Lunch

Pea Salad
Lamb
Asparagus
Yams
Hot Cross Bunnies
Carrot Cake
Served by: United Methodist Church

19 – Friday

Salad
Kalua Pork
Rice
Carrots
Rye Rolls
Hawaiian Cake
Served by: Meg & Friends

22 – Monday

Mixed Salad
Fish Tacos
Rice
Tortillas
Mousse
Served By: Newcomers Welcome Club

24 – Wednesday

Brussels Sprout Salad
BBQ Chicken Pizza
Fruit
Pasta Salad
Blondies
Served by: City Slickers (Staff set up)

26 – Friday

Fruit Salad
Italian Sausage Pork Ragu
Rotini Pasta
Green Beans
Focaccia Bread
Pecan Bars
Served by: LO Fire Dept. & Sliver Foxes

29 – Monday

Tossed Salad
Beef Stew w/Carrots Potatoes
Onion Rolls
Almond Tea Cookies
Served by: STAFF

*Options subject to change upon availability